

2019 NFHS FOOTBALL TEST | TRUE/FALSE QUESTIONS (ALPHABETICAL)

1	A backward pass is a pass thrown with its initial direction parallel with or toward the runner's end line.	True	False
2	A backward pass out of bounds is an illegal pass.	True	False
3	A disqualified player shall be removed even if the penalty for the foul is declined.	True	False
4	A down ends when the live ball becomes dead.	True	False
5	A football jersey must completely cover the shoulder pads and all pads worn above the waist on the torso.	True	False
6	A forward-pass interference foul can occur only beyond the neutral zone.	True	False
7	A foul during a try is not paired with a dead-ball foul to create a double or multiple foul.	True	False
8	A foul that occurs simultaneously with the snap is an exception to the all-but-one enforcement principle.	True	False
9	A handed ball beyond the neutral zone is considered to be a pass.	True	False
10	A kick ends as soon as R1 touches the kick.	True	False
11	A player may be withdrawn and re-entered legally during the same dead-ball interval if the period ends during the dead-ball interval.	True	False
12	A punt may be used for the free kick on a kickoff.	True	False
13	A receiver attempting to catch a pass who has not had time to clearly become a runner, is not considered a defenseless player.	True	False
14	A scrimmage kick recovered in or behind the neutral zone may be advanced by K or R, unless it is during a try.	True	False
15	A shift which is designed to cause Team B to encroach is a false start.	True	False
16	A signal given by R1 in or behind the neutral zone during a scrimmage kick is an illegal fair-catch signal.	True	False
17	A state association may establish guidelines to use a running game clock when a point differential is reached.	True	False
18	A television time-out is not charged to either team.	True	False
19	A tinted eye shield is illegal.	True	False
20	After a safety, unless moved by a penalty, R's free-kick line is K's 30-yard line.	True	False
21	All fouls by A during the down are enforced from the basic spot.	True	False
22	An artificial arm may not be worn by any player.	True	False
23	An attempt by B to interfere with A's signals prior to the snap is a live-ball foul.	True	False
24	An inadvertent whistle does not end the down.	True	False
25	An offensive player cannot commit a spearing foul.	True	False
26	Any player who exhibits signs, symptoms or behaviors consistent with a concussion shall be immediately removed from the game and shall not return to play until cleared by the head coach.	True	False
27	Any receiver may signal for a fair catch while any legal kick is in flight.	True	False
28	At the option of the offended team, the basic spot may be the succeeding spot for fouls by K during a free or scrimmage-kick down (other than kick-catch interference) prior to the end of the kick when K will not be next to put the ball in play.	True	False
29	At the snap, at least five A players shall be on their line of scrimmage and no more than five A players may be backs.	True	False
30	By state association adoption, use of instant replay is allowed only for postseason contests.	True	False
31	Decorative markings in the end zone may be within a foot of the goal line.	True	False
32	Defensive players are restricted from contacting the ball or the snapper's hand(s) or arm(s) until the snapper has released the ball.	True	False
33	During a down, if time expires for a period and a signal is sounded, the game officials shall ignore the signal.	True	False
34	During a field-goal attempt, the ball becomes dead if the kick is blocked behind the neutral zone.	True	False
35	During a kick, an offensive player may use his hands or arms to ward off an opponent who is attempting to block him.	True	False
36	Effective 2021, the jerseys of the home team shall be a dark color that clearly contrasts to white.	True	False
37	Effective with the 2024 season, the entire body of the number shall be a single solid color that clearly contrasts with the body color of the jersey.	True	False
38	Enforcement provisions apply to all player fouls.	True	False
39	Forward pass interference can occur behind, in or beyond the neutral zone.	True	False
40	Fouls that occur after an inadvertent whistle can only be dead-ball fouls.	True	False
41	Game officials may use supplementary equipment to aid in game administration as authorized by the state association.	True	False
42	Helping the runner carries a 15-yard penalty.	True	False
43	If a player is blocked out of bounds by an opponent and returns inbounds, at the first opportunity he/she may legally participate.	True	False
44	If a player refuses to comply with a game official's directive, the player will be disqualified.	True	False
45	If a pool of water forces the referee to move the ball for K1's kick, the free-kick lines may be less than 10 yards apart.	True	False
46	If a substitute or replaced player influences the play, it is illegal participation.	True	False
47	If A1 is in his own end zone when he intentionally grounds a forward pass, it is a safety even if B declines the penalty.	True	False
48	If an illegal forward pass strikes the ground, the ball remains live.	True	False

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49	If B1 intercepts A's forward pass in B's end zone, it is a safety if he is tackled there.	True	False
50	If during a down in which time expires, K1 holds during a successful field-goal attempt, the period is automatically ended and the score is canceled.	True	False
51	If end A1 voluntarily goes out of bounds and immediately returns during the down, it is illegal participation.	True	False
52	If K1's field-goal attempt deflects off K2's shoulder while he is in the expanded neutral zone, no goal is scored even if the ball passes between the uprights and above the crossbar.	True	False
53	If R1 signals for a fair catch, he may not block until the kick ends.	True	False
54	If the ball is beyond the neutral zone when it leaves the passer's hand on a forward pass, it is an illegal forward pass.	True	False
55	If there is a double foul during the last timed down of a period, the period is automatically extended.	True	False
56	Illegal participation fouls by the receiving team occurring during the kick are enforced under post-scrimmage kick fouls.	True	False
57	It is a field goal even if part of the ball passes through the line of the upright extended.	True	False
58	It is a touchback if A1 fumbles on B's 5-yard line and B1's muff forces the loose ball into B's end zone and out of bounds beyond the end line.	True	False
59	It is a touchback when A1 fumbles on B's 2-yard line and the ball goes into B's end zone and out-of-bounds there.	True	False
60	It is not a touchdown when a loose ball is caught or recovered by a player while the ball is on or behind his opponent's goal line.	True	False
61	It is not forward-pass interference if contact by B is obviously away from the direction of the pass.	True	False
62	It is recommended that the restraining line be marked by placing 12-inch-long lines, separated at 24-inch intervals.	True	False
63	Member state associations may determine the number of game officials to be used during a game.	True	False
64	No foul causes a live ball to become dead.	True	False
65	No player or nonplayer shall execute a blindside block outside of the free-blocking zone with forceful contact unless initiated with open hands.	True	False
66	No player or nonplayer shall trip an opponent.	True	False
67	On a free kick to start a period, the game clock will start when the ball is touched other than first touching by K.	True	False
68	Possession of a live ball in the opponent's end zone is always a touchdown.	True	False
69	Ready-for-play signifies that the ball may be put in play by a snap or a free kick with 25 seconds or 40 seconds on the play clock.	True	False
70	Replaced players shall begin to leave the field within three seconds.	True	False
71	The ball becomes dead and the down is ended when a prosthetic limb comes completely off the runner.	True	False
72	The ball shall have the NFHS Authenticating Mark.	True	False
73	The goal-line pylons may be any color as long as they are the same color.	True	False
74	The head coach of each team is not responsible for his team being on the field for the mandatory three-minute warm-up period after halftime intermission.	True	False
75	The horse-collar foul is enforced as a live-ball foul.	True	False
76	The kickers may not advance a recovered free kick.	True	False
77	The kicking tee may not elevate the ball more than 2 inches above the ground.	True	False
78	The passer continues to be a defenseless player until the legal forward pass ends or the passer moves to participate in the play.	True	False
79	The penalty for a player who is not properly equipped is to remove that player for at least one down.	True	False
80	The penalty for illegal kicking or batting is 5 yards.	True	False
81	The signal for free kick infractions, other than encroachment of the neutral zone is Signal 18.	True	False
82	The succeeding spot is where the ball was last snapped or free kicked.	True	False
83	The team whose goal line is involved shall put the ball in play anywhere between the hash marks on its 20-yard line by a snap after a touchback and by a free kick after a safety.	True	False
84	There is a two-minute intermission following a try, successful field goal or safety and prior to a free kick.	True	False
85	When a penalty is accepted with less than two minutes remaining in either half, the offended team will have the option to start the game clock on the snap.	True	False
86	When R1 gains possession of a free kick, blocking below the waist by teammates is legal.	True	False
87	When weather conditions are construed to be hazardous to life or limb of the participants, the crew of game officials is authorized to delay or suspend the game.	True	False
88	Whether the next down will be first down is determined at the time the ball becomes dead and after considering any act, except a nonplayer foul or unsportsmanlike foul, which occurred during the down.	True	False
89	While it is possible to have several running plays during a down, with each one having its own basic spot of penalty	True	False
90	Yard-line markers -- constructed of soft, pliable materials -- if placed on the ground, should be no closer than 2 yards to the sideline.	True	False

2019 NFHS FOOTBALL TEST | MULTIPLE CHOICE QUESTIONS (ALPHABETICAL)

91	<p>A block against an opponent, other than the runner, who does not see the blocker approaching is:</p> <ul style="list-style-type: none"> A. Chop Block B. Interlocked Blocking C. Blindside Block D. Spearing
92	<p>A defensive player shall not:</p> <ul style="list-style-type: none"> A. Use his hands to add momentum to the charge of a teammate who is on the line of scrimmage. B. Use his hands or arms to hook, lock, clamp, grasp, encircle or hold in an effort to restrain an opponent other than the runner. C. Contact an eligible receiver who is no longer a potential blocker. D. Any of the above.
93	<p>After a team has used its permissible charged time-outs for the half, any subsequent request shall be denied unless it is for:</p> <ul style="list-style-type: none"> A. An apparently injured player who is so designated when the request is made. B. Necessary repair to player equipment except as in 3-5-10d. C. The review of a possible misapplication or misinterpretation of a rule. D. Any of the above.
94	<p>K's free-kick line after a safety is the _____</p> <ul style="list-style-type: none"> A. 35-yard line. B. 30-yard line. C. 25-yard line. D. 20-yard line.
95	<p>No player or nonplayer shall:</p> <ul style="list-style-type: none"> A. Hurdle an opponent. B. Throw a helmet to trip an opponent. C. Initiate illegal helmet contact. D. Any of the above. E. None of the above.
96	<p>Pass interference restrictions on a legal forward pass begin for _____</p> <ul style="list-style-type: none"> A. A with the snap. B. B with the snap. C. A when the ball leaves the passer's hand. D. All of the above.
97	<p>The ball may contain only the following permissible items:</p> <ul style="list-style-type: none"> A. Ball manufacturer's name and/or logo. B. School name, logo and/or mascot. C. State association name and/or logos. D. Any of the above. E. None of the above.
98	<p>The enforcement spot for any foul by the defense is the _____ when the run ends in the end zone and would result in a safety.</p> <ul style="list-style-type: none"> A. previous spot B. spot of the foul C. end of the run D. goal line
99	<p>The penalty for a forward pass, batted, muffed or caught by an ineligible A player who is behind, in or beyond the neutral zone is _____</p> <ul style="list-style-type: none"> A. loss of 5 yards and loss of down. B. loss of 5 yards and no loss of down. C. loss of 10 yards and loss of down. D. loss of 10 yards and no loss of down.
100	<p>The penalty for blocking after giving a valid or invalid fair-catch signal is _____</p> <ul style="list-style-type: none"> A. 5 yards. B. 10 yards. C. 15 yards. D. None of the above.